



UNIVERSITY OF KASHMIR, HAZRATBAL, SRINAGAR-190006
NAAC ACCREDITED "A+"

One-Day National Seminar on the Eve of International Yoga Day-2023
on
"Significance of Meditation in Major Religions"



Organized by

Centre of Central Asian Studies (CCAS)
University of Kashmir, Srinagar-190006

in Collaboration with

Indian Council of Philosophical Research (ICPR), New Delhi-110062

Dated: 19th July, 2023, Time 10:30 A.M.

Venue:

**Conference Hall, Centre of Central Asian Studies, University of Kashmir, Srinagar,
J&K (UT)**

CHIEF PATRON



Prof. Nilofer Khan
Hon'ble Vice-Chancellor
University of Kashmir, Srinagar



PATRON



Dr. Nisar A. Mir
Registrar
University of Kashmir, Srinagar

Prof. Tabasum Firdous
Director & Convener

Organizers
Dr. Wahid Nasaru
Co-ordinator

Miss. Rebu Yousuf
Co-coordinator